



PURE SPA

LONG ASHES PARK

LONG ASHES PURE SPA

WELLNESS & BEAUTY
IN THE HEART OF THE YORKSHIRE DALES



WELCOME TO **LONG ASHES PURE SPA**

Wellness and beauty in the heart of the Yorkshire Dales.

Nestled in the tranquil Wharfedale Valley, Long Ashes Pure Spa offers the perfect escape from the stresses of life.

Our spa therapists provide a wide range of treatments, from soothing massages and revitalising facials to indulgent spa days, holistic therapies and bespoke beauty services. Each experience is thoughtfully designed to refresh your body and relax your mind, leaving you feeling truly renewed.

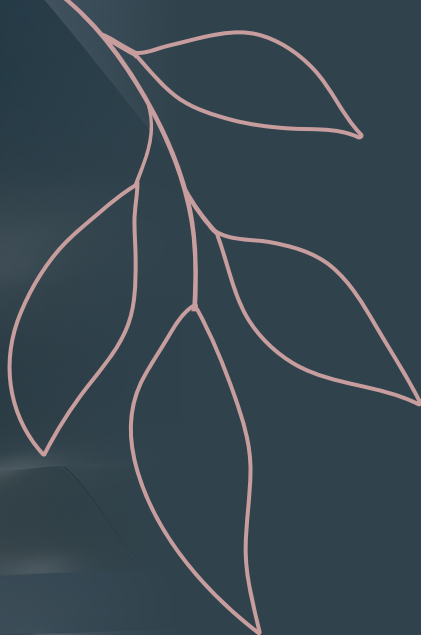
Explore our beautiful grounds and take full advantage of the facilities at Long Ashes Park, including our Leisure Club, Woodland Café and The Gamekeeper's Inn.

For those looking to share the gift of relaxation, we offer ELEMIS products and gift sets, luxurious spa packages and gift vouchers.



FACILITIES





Relax, refresh, and rejuvenate.

Our spa and leisure facilities are designed to help you relax at your own pace and enjoy a true escape in the heart of the Yorkshire Dales. Take a dip in the indoor swimming pool, and unwind in the sauna, steam room and Jacuzzi.

Prefer something more active? Our fully-equipped gym offers everything you need, with a range of Cybex resistance equipment and TechnoGym cardiovascular machines. Create your own perfect balance of relaxation and wellbeing.

Whether visiting for the day or enjoying a longer stay at Long Ashes Park, you'll find the perfect balance of relaxation and wellbeing.



Traditional Sauna



15m Indoor Pool



Steam Room



Jacuzzi



Fully Equipped Gym



Relaxation Room



Modern Changing Facilities



Woodland Café

OUR FACILITIES

ELEMIS FACIALS



ELEMIS FACIALS

ELEMIS Expert Touch Nourish Facial

£75

Boost skin radiance with our triple-cleanser facial with a blend of superfood-infused facial oils to leave your skin feeling nourished, rebalanced and revived.

50 minutes.

ELEMIS Expert Touch Reveal Facial

£75

Powered by our patented Tri-Enzyme technology, this facial helps to minimise the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing.

50 minutes.

ELEMIS Expert Touch Renew Facial

£75

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

50 minutes.

ELEMIS Expert Touch Define Facial

£75

This innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted-looking skin.

50 minutes.

ELEMIS Expert Touch Mini Facial

£45

Your therapist will assess your skin and use specialist massage techniques to apply Elemis products designed to target your needs, whether it be rebalancing, resurfacing, hydrating or rejuvenating.

25 minutes.

ELEMIS FACIAL ADD-ON TREATMENTS

Choose from our range of specialised treatment add-ons, designed to target specific concerns.

ELEMIS Expert Collagen Eye Boost

£20

Elevate your facial experience with our targeted eye treatment add-on, specially designed to brighten, hydrate, and revitalise.

15 minutes.

ELEMIS Expert LED Energy Mask

£20

Illuminate your skin with our LED facial mask enhancement. Discover the power of the innovative ELEMIS 7-in-1 Light Mask to calm, soothe and energise, leaving your skin visibly refreshed and glowing.

15 minutes.

ELEMIS Expert Restorative Head Massage

£20

Combined with your main treatment, our restorative head massage, which is performed without the use of oil, helps to alleviate tension in the neck and scalp, leaving you feeling completely rebalanced.

15 minutes.



ELEMIS BODY TREATMENTS



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ELEMIS Expert Deep Tissue Tension-Ease Massage

Perfect for combating a busy lifestyle, this massage offers more than just muscle relaxation: it is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed, grounded and focused.

25 minute back massage	£45
50 minute full body massage	£75

ELEMIS Cleansing Salt Scrub and Tension-Ease Back Massage

A deeply cleansing salt scrub gently exfoliates, removing dead skin cells, before your back is massaged with a deeply nourishing body oil easing tension and targeting muscle knots.
50 minutes.

ELEMIS PREGNANCY MASSAGE

A soothing massage designed to be safely enjoyed by expectant mothers.

ELEMIS Expert Peaceful Pregnancy Massage

This tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby. Aromatics formulated to be used safely during pregnancy are selected for optimum wellbeing, leaving you feeling nurtured, restored and calm.

60 minute treatment plus 15 minute consultation.



LONG ASHES PURE SPA TREATMENTS



LONG ASHES PURE SPA TREATMENTS

Swedish Massage

The original massage technique involving a sequence of movements working both superficially and deeper into the tissue layers to promote relaxation and ease tension.

25 minute back massage **£45**

50 minute full body massage **£75**

Himalayan Salt Stone Massage

A restorative massage providing deep relaxation for the body, mind and spirit. Specific points of the body are stimulated using warm salt stones to unblock areas of congestion and balance your energy, providing a state of total wellbeing.

25 minute back massage **£50**

50 minute full body massage **£80**

Ultimate Back Treatment **£75**

A luxurious, therapeutic back treatment using paraffin wax for deep heat and comfort. A soothing massage using Swedish massage techniques and warm stones is given to the back and backs of the legs, before a refreshing cooling gel completes your experience.

50 minutes.

Eye Reviver **£40**

An instantly revitalising eye treatment using gentle massage techniques, jade rollers and ELEMIS eye masks to smooth, firm and hydrate the delicate eye area. Puffiness and dark shadows are reduced, firming and brightening the eye area.

25 minutes.

OUR REFLEXOLOGY TREATMENTS

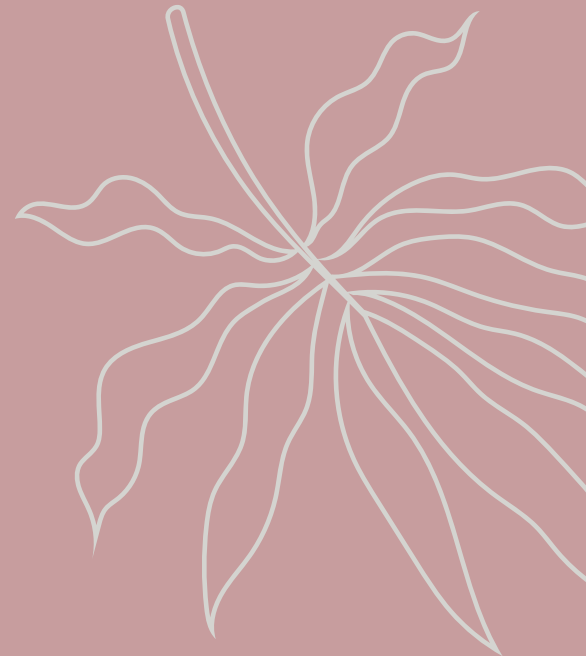
A relaxing holistic therapy designed to support the overall wellbeing of the body and mind.

Reflexology **£75**

Reflexology is the technique of applying gentle pressure to specific points on the feet which correspond to organs, glands and reflexes in other parts of the body. By pressing and massaging these points it can stimulate energy pathways in the body.

Reflexology can alleviate stress, bring about a state of deep relaxation, and help your body and mind to return to a state of balance and wellbeing.

60 minute treatment plus 15 minute consultation.



BEAUTY TREATMENTS

EYE TREATMENTS

Eyebrow Shape - 20 minutes	£14
Eyebrow Wax - 15 minutes	£14
Eyebrow Tint* - 15 minutes	£12
Eyelash Tint* - 30 minutes	£18
Eyelash & Eyebrow Tint* - 30 minutes	£25
Eyebrow Wax & Tint* - 30 minutes	£24
Eyebrow Shape, Eyelash & Eyebrow Tint* - 30 minutes	£35
LVL Lash Lift*	£45

LVL is the revolutionary lash treatment that creates masses of length, volume and lift with your own natural lashes. No mascara. No extensions. No maintenance. It's a great alternative to lash extensions and the perfect way to enhance what you already have. This treatment will create the look of longer, fuller lashes.

60 minutes.

***A patch test is required 48 hours before your treatment.**

WAXING TREATMENTS

Lip or Chin Wax - 15 minutes	£10
Lip & Chin Wax - 15 minutes	£15
Half Leg Wax - 30 minutes	£22
Full Leg Wax - 60 minutes	£30
Bikini Wax - 30 minutes	£18
Forearm Wax - 20 minutes	£18
Underarm Wax - 20 minutes	£15
Back Wax for Men - 45 minutes	£28
Chest Wax for Men - 30 minutes	£22

OPI MANICURES & PEDICURES

OPI Manicure - 45 minutes	£35
OPI Pedicure - 60 minutes	£40
OPI Gel Upgrade - 15 minutes	£10
Gel Removal - 30 minutes	£20
File & Polish - 30 minutes	£25



SPA DAYS

Your spa day includes full use of our leisure facilities and relaxation room from 10am to 5pm, a robe, towel and afternoon tea at Woodland Café.

REVITALISE SPA DAY* - £120

Choose one 50 minute spa treatment.

50 minute treatments:

- ELEMIS Expert Touch Facial
- Swedish Full Body Massage
- Himalayan Salt Stone Full Body Massage
- ELEMIS Cleansing Salt Scrub and Tension-Ease Back Massage
- Ultimate Back Treatment
- ELEMIS Expert Peaceful Pregnancy Massage
- OPI Manicure
- OPI Pedicure

REBALANCE SPA DAY* - £150

Choose one 50 minute and one 25 minute spa treatment.

50 minute treatments:

- ELEMIS Expert Touch Facial
- Swedish Full Body Massage
- Himalayan Salt Stone Full Body Massage
- ELEMIS Cleansing Salt Scrub and Tension-Ease Back Massage
- Ultimate Back Treatment
- ELEMIS Expert Peaceful Pregnancy Massage
- OPI Manicure
- OPI Pedicure

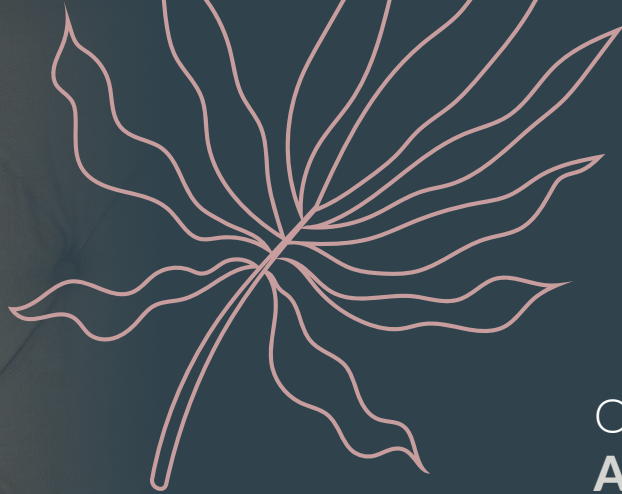
25 minute treatments:

- ELEMIS Expert Touch Mini Facial
- Swedish Back Massage
- Himalayan Salt Stone Back Massage
- Eye Reviver
- File & Polish

**Should you have any allergies or dietary requirements, please inform us at the time of booking. To improve the sustainability of our spa, we do not provide single use slippers. We ask all of our guests to please bring their own flip flops or sliders, if required.*

SPA BREAKS





ON-SITE ACCOMMODATION

Why not stay a little longer?

Enjoy the perfect getaway in the heart of the Yorkshire Dales, where breathtaking landscapes, charming villages, and endless opportunities for adventure await. Spend your days exploring the countryside, unwinding by the pool, savouring a hearty meal at The Gamekeeper's Inn or relaxing over food and drinks at the Woodland Café.

Choose from a range of inviting accommodation options to complete your spa escape, with leisure club access included between check-in and check-out. Stay in one of the 11 beautifully appointed bedrooms at The Gamekeeper's Inn and enjoy a full Yorkshire breakfast to start your day in style. Book a peaceful retreat in one of our self-contained woodland pods, complete with bathroom and kitchenette. For more space and privacy, relax in one of our holiday lodges or at Netherside Barn, a luxurious three-bedroom barn conversion. We also offer camping facilities for those looking to get back to nature.



The Gamekeeper's Inn



Woodland Pods



Netherside Barn



Holiday Lodges

PRODUCTS & VOUCHERS

TAKE THE SPA EXPERIENCE HOME WITH ELEMIS

Explore our luxurious range of ELEMIS skincare products and gift sets.

Combining the finest natural ingredients with advanced scientific formulations, ELEMIS skincare delivers visible and transformative results with products that nourish the skin and soothe the senses. Whether you're looking to enhance your daily routine or find the perfect gift for a loved one, our expert team can help you choose products tailored to your individual skincare needs.

Looking for a thoughtful gift? Treat someone special to a Long Ashes Pure Spa gift voucher, redeemable against spa days, treatments and ELEMIS products. Beautifully presented and wonderfully versatile, our vouchers make the perfect gesture for birthdays, anniversaries, or simply to say "thank you."





PURE SPA
LONG ASHES PARK

Value:

£100

To:

Mum

From:

Daina

Long Ashes Pure Spa vouchers are valid for 12 months from the date of purchase unless otherwise stated. Vouchers cannot be redeemed beyond their expiry date. The lifespan of the voucher cannot be extended under any circumstances. Vouchers cannot be refunded in total or in part, nor can they be replaced if lost or stolen. Vouchers cannot be transferred or redeemed for cash or credit. Should services of a higher value be taken, the voucher may be used in part in exchange of payment of the full balance owed. No change will be given, any remaining balance is forfeit. Only redeemable at Long Ashes Pure Spa.

Code:

Authorised by:

Expires:

Long Ashes Pure Spa, Long Ashes Park, Threshfield,
Nr. Skipton, North Yorkshire, BD23 5PN
Contact us on 01756 752261 or info@longashesbeautyspa.co.uk
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